

# Emergency Support Hotlines

## IMMEDIATE EMERGENCY HELP

Call **911**

## SALT LAKE CITY POLICE DEPARTMENT

Call **801-799-3000**

## SALT LAKE CITY FIRE DEPARTMENT

Call **801-799-3473**

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## Crisis Hotlines

### Suicide Prevention Lifeline (24 Hrs)

Call **801-273-8255 or 988**

### UNI Crisis Line (Substance Use Disorder)

Call **801-587-3000**

### Volunteers of America's Detox Center

Call **801-587-3000**

### National Domestic Violence Hotline

Call **800-799-7233**

### YWCA Utah Crisis Line

Call **801-537-8600**

### National Sexual Assault Hotline

Call **800-656-4673**

### Utah Sexual Assault Helpline

Call **801-736-4356**

### Rape Recovery Center

Call **801-467-7273**

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## Other Hotlines

### Poison Control

Call **800-222-1222**

### Animal Services

Call **385-468-7387**

### Animal Dispatch

Call **801-743-7045**

## Homeless Hotlines

### Resources Hotline

Call/Text **211**

### Shelter Daily Bed Availability

Call/Text **801-990-9999**

### VOA - Homeless Outreach Program

Offers Food, Water, Clothing, etc

Call **801-631-7584**

### VOA - Library Engagement Team

Support/Referrals for social, medical, mental health services (SLC LIB)

Call **801-870-5489**

### VOA - Street Engagement Team

Mobile Street Outreach to Homeless

Call **801-363-9414**

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## Youth Hotlines

### Child Abuse Hotline

Call **855-323-3237**

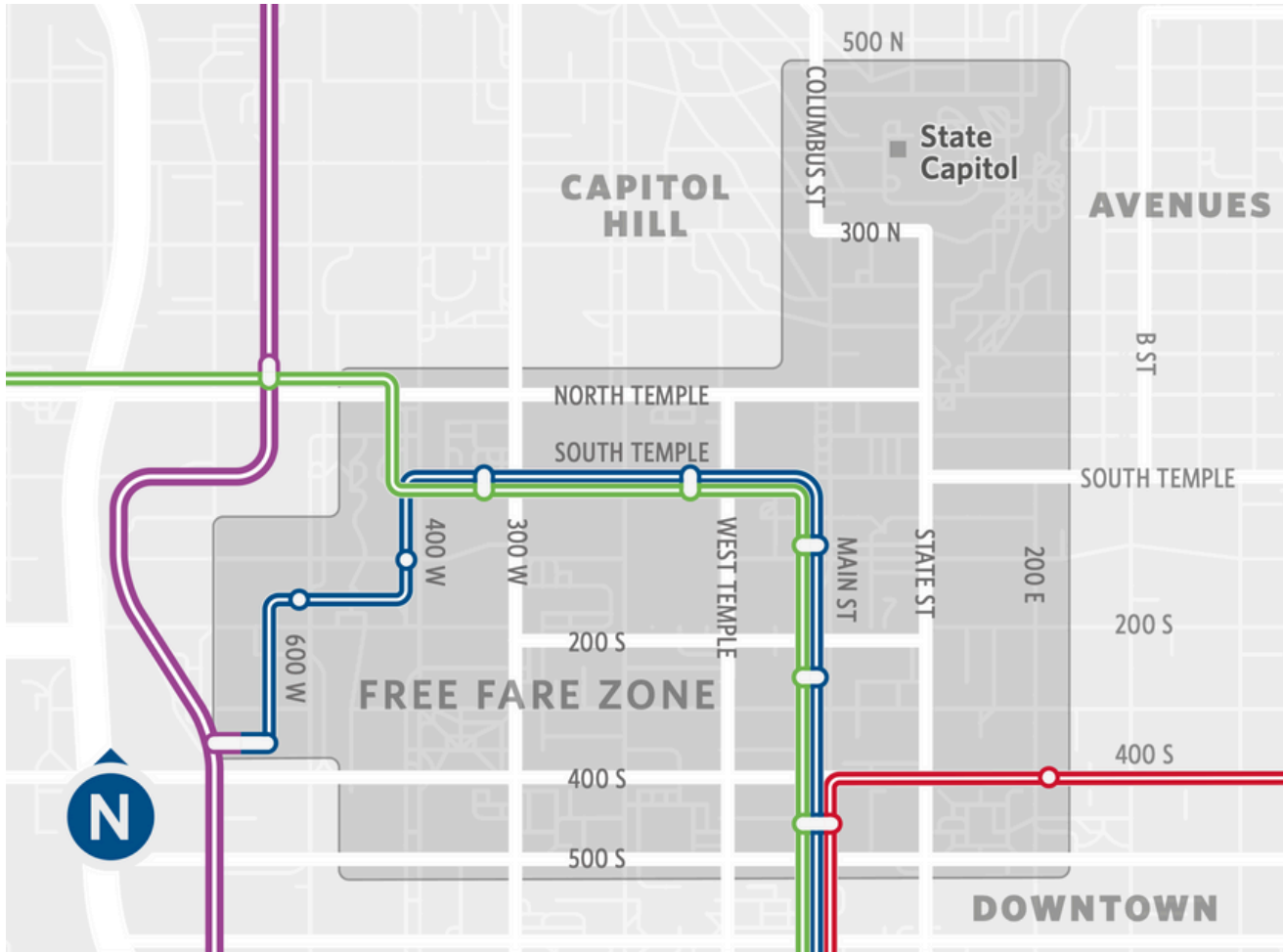
### The Nine Line (Youth and Parent Crisis)

Call **800-786-2929**

### SafeUT (Youth Counseling 24Hr)

Call **833-372-3388**

## Free Fare Zone



UTA passengers may ride for free when entering and exiting a fixed-route bus, paratransit vehicle or TRAX train within the boundaries of the Free Fare Zone. If you begin your ride before entering the zone and/or exit after leaving the zone, you will be asked to provide proof of payment. When boarding a bus, simply tell the bus driver you intend to stay in the zone to ride without change.



### **St. Vincent de Paul Dining Hall**

437 W 200 S, Salt Lake City, Utah 84101

801-363-7710

Monday-Friday: Lunch 11:30am-12:30pm, Dinner 5pm-6pm

Saturday: Brunch 10:am-11am, Dinner 5pm-6pm

Sunday: Dinner 5pm-6pm



### **Good Samaritan**

437 W 200 S, Salt Lake City, Utah 84101

801-328-5633

Monday-Friday: 9am-11am, 1pm-4pm

Saturday: 8am-9:30am, 1pm-4pm

Sunday: 10am-4pm



### **Youth Resource Center**

888 S 400 W, Salt Lake City, UT 84101

801-364-0744

Breakfast: 8:30am-9:30am

Lunch: 1pm-2pm

Dinner (only on Fridays): 6pm-7pm

Eligibility: Must be between ages 15-22



### **Rescue Mission of Salt Lake**

463 S 400 W, Salt Lake City, UT 84101

801-355-1302

Breakfast: 6am-6:30am Mon-Sat

Lunch: 12pm-12:30pm Mon-Sat

Dinner: After Chapel Service, Daily, ~ 7-7:15pm

Sunday Brunch: 11am



#### **Fill the Pot**

500 W 300 S, Salt Lake City, UT 84101

801-513-0163

Sunday: 8am-12pm

Coffee & Donuts start at 7:00am



#### **Crossroads Emergency Food Pantry**

347 S 400 E, Salt Lake City, UT 84111

801-364-7765

Monday-Friday: 9am-5pm

Bag of prepared food up to 3 times a week

#### **Crossroads Westside Food Pantry**

1358 West Indiana Avenue, Salt Lake City, UT 84104

801-935-4079

Mon/Tues/Thurs/Fri: 9am-5pm

Bag of prepared food up to 3 times a week



#### **Geraldine E. King Women's Resource Center**

700 S 131 E, Salt Lake City, UT 84111

801-893-6678

Breakfast: 8am-9am

Lunch: 1pm-2pm

Dinner: 6pm-7pm

\* Must have a bed/cot reserved at the shelter for meal service



#### **Gail Miller Resource Center**

242 West Paramount Avenue, Salt Lake City, UT 84115

801-328-1894

Breakfast: 8am-9am

Lunch: 12pm-1pm

Dinner: 5pm-6pm

\* Must have a bed/cot reserved at the shelter for meal service



### **Crossroads Emergency Food Pantry**

347 S 400 E, Salt Lake City, UT 84111

801-364-7765

Monday-Friday: 9am-5pm

\* Limit of 2 food boxes per month

### **Crossroads Westside Food Pantry**

1358 W Indiana Avenue, Salt Lake City, UT 84104

801-935-4079

Mon/Tues/Thurs/Fri: 9am-5pm

\* Limit of 2 food boxes per month



### **Hildegard's Pantry**

231 E 100 S, Salt Lake City, UT 84104

801-328-2303

Tues/Wed/Fri: 11am-1:30pm

Thursday: 5pm-6:30pm

\* Limit of 1 visit per week



### **Rescue Mission of Salt Lake**

463 S 400 W, Salt Lake City, UT 84101

801-355-1302

Eligibility: Food boxes for low-income families- need ID

Brown bag lunches for working individuals



### **St. Paul's Episcopal Church Food Pantry**

261 S 900 E, Salt Lake City, UT 84102

801-355-6203

Saturday: 9am-1pm

\* Arrive before 1pm to receive assistance



### **Alex & Sally Lebwhol Food Pantry**

495 E 4500 S, Ste. 100, Salt Lake City, UT 84107

801-746-4334

Monday-Thursday: 1pm-3pm

Friday: 11am-1pm

\* Food can be picked up once a week with no ID



### **Salt Lake Mission**

1151 S Redwood Rd. Suite #106, Salt Lake City, UT 84104

801-355-6310

Monday, Wednesday, Friday: 11am-2pm

\* Make an appointment online or stop by to sign up



### **Weigand Homeless Resource Center**

200 S 437 W, Salt Lake City, UT 84101

801-363-7710

Monday-Sunday: 7am-7pm, Closed Holidays



#### **Services Include:**

- Day Shelter
- Clothing Room (T/Th 8am-10:15am)
- Storage (Daily, 7am-6:45pm)
- **General Services:**
  - Medicaid Qualification
  - Utah Community Action - 801-990-9999 (Reps available M/T/W/Th, F (Appt only))
  - Client Advocate (Walk-ins M-Th, 8:30am-11am, 1pm-3pm)
    - Assistance with communication, transportation/bus passes, referrals, appointment scheduling, life skills, ID/Birth Certificate, boots for work
  - Employment Specialists/Computer Lab (M-Th 9am-11am, 1pm-3pm, Job Fairs (W))
  - Salt Lake Justice/UTA Court (First Fridays of each month, line up starts at 12:30pm)
  - DWS Representatives (Monday, Thursday (halfday))
  - Diversion (8am-4:30pm)
- **Hygiene Services**
  - Laundry Services (obtain ticket from front desk, will be washed and folded for pickup). \*\*\* Limit 1 Load
  - Showers and toiletries (Daily, 7am-10:30am, 1pm-3pm)
  - Haircuts (Monday, 1pm)
- U of U foot clinic and wound care (Saturday)
- **Food Resources:**
  - Food Stamps (Monday 8:30am-4pm)
  - St. Vincent de Paul Dining Hall (See food resources for hours)
  - Good Samaritan Program (See food resources for hours)
- Shuttle Service
- Flu Clinic (During Flu Season)

### **Youth Resource Center**

888 S 400 W, Salt Lake City, UT 84101

801-364-0773

Eligibility: All genders, ages 15 to 22

Must enroll to access shelter services:

- Go to center during drop-in hours
  - Monday-Sunday: 8:30am - 7:30pm

Intake Hours (for enrolled youth):

- Monday- Sunday: 8:30am-7:30pm

### **Gail Miller Resource Center**

242 W Paramount Avenue, Salt Lake City, UT 84115

801-328-1894

Eligibility: Men and Women, ages 18+

### **Men's Resource Center**

3380 S 100 W, South Salt Lake, UT UT 84119

801-359-4142

Eligibility: Men, ages 18+

Open 24 hours, year round

Case managers help guests create a housing plan

### **Rescue Mission of Salt Lake: Men's Facility and Homeless Service Center**

801-355-1302

Eligibility: Men, ages 18+

Provides: Meals, clothing, chapel services, and addiction recovery programs

### **Geraldine E. King Women's Resource Center**

131 East 700 South, Salt Lake City, UT 84111

Eligibility: Women, ages 18+

Must enroll to access shelter services:

- Call the Homeless Connections Hotline at 801-990-9999 for bed availability
- Or ask about availability in person at the shelter
- Or ask about availability at the Weigand Center at 437 W 200 S

Open 24 hours, 365 days a year

### **Rescue Mission Women's Center**

1165 S State Street, Salt Lake City, UT 84111

801-521-5925

Eligibility: Women, ages 18+

Provides: Meals, clothing, chapel services, and addiction recovery programs

### **Overflow Redwood Road Winter Shelter**

3380 S Redwood Road, West Valley City, UT 84119

Eligibility: Single men, 18+, couples, and pets are allowed.

Winter Shelter

Open 24 hours

### **Bed Availability During CODE BLUE**

18 degrees or less for 2 hours or more in 25 hour period



## **Housing Authority of Salt Lake City**

1776 S. West Temple, Salt Lake City, UT 84115

801-487-2161

8am-5pm

\*Apply to the online waiting list

Affordable Housing to low-income families

Resident Services

Rental Housing and Rental Assistance Programs

Senior Citizens Housing Available



## **SwitchPoint (The Point)**

2333 W North Temple, Salt Lake City, UT 84116

801-539-8852

info@pointairport.com

Eligibility: 55+ or Veteran Housing

Case Management



## **Other Side Village**

1882 W Indiana Ave, Salt Lake City, UT 84101

801-618-1234

Eligibility: Housing for homeless with a disability

Cottage-Style Homes

Public Amenities (garden, salon, coffee shop, park, etc)

Case workers, neighborhood support, food pantry

Gated community

Access to medical support

Paid Job Opportunities



## **Crossroads Urban Center Thrift**

1385 Indiana Ave, Salt Lake City, Utah 84104

801-359-8837

See Connect2Health, volunteers, or front desk  
at 4th Street Clinic for a clothing voucher



## **The INN Between**

1216 E 1300 S, Salt Lake City, UT 84104

801-410-8314

Monday-Friday: 8am-5pm

Provides: Basic Needs Provisions including clothing



## **Salt Lake Mission**

1151 S Redwood Rd. Suite #106, Salt Lake City, UT 84104

801-355-6310

Monday-Friday: 11am-2pm

Provides: Clothing Room, and other necessities



## **Valley Storefront**

550 W 700 S, Salt Lake City, UT 84101

888-949-4864

Monday-Friday: 8am-5pm

Provides: Clothing, laundry, showers, day center



## **Homeless Outreach**

432 West Bearcat Drive, Salt Lake City, UT 84115

801-363-9414

Monday-Friday: 9am-5pm

Provides: Food, Clothing and other basic needs resources

## Clothing Resources

### **Good Samaritan**

437 W 200 S, Salt Lake City, Utah 84101

801-328-5633

Monday: 9am-4pm

Saturday: 8am-4pm

Sunday: 10am-4pm



### **Homeless Service Center/Rescue Mission**

463 S 400 W, Salt Lake City, UT 84101

801-355-1302

Monday-Friday: 8am-5pm

Provides: Shelter, Clothing, food, and other resources/services



### **Brighter Tomorrows (Work Clothes)**

3300 S 2090 E, Salt Lake City, UT 84100

Tuesday-Friday: 10am-4pm

Provides: Work Outfits as you transition to re-enter the workforce

Personal Care Products, New shoes/Hair Care Certificates



### **Bed Availability During CODE BLUE**

18 degrees or less for 2 hours or more in 25 hour period



## **YWCA Salt Lake City**

322 East 300 South, Salt Lake City, UT 84111

801-537-8604

24hr crisis line and shelter



## **Salt Lake Area Family Justice Center at the YWCA**

310 East 300 South, Second Floor, Salt Lake City, UT 84111

801-236-3370

Monday-Friday

Confidential, walk-in services for survivors of family violence

Police Reports

Counseling and Legal Referrals



## **Utah Coalition Against Sexual Assault (UCASA)**

275 E. South Temple Suite 200, Salt Lake City, Utah 84111

801-746-0404

Local Medical-Forensic Exam Resources

Local Sexual Assault Kit Resources

Local community resources

24-Hours Utah Sexual Violence Crisis line: 801-736-4356

24-Hours Utah Sexual Violence Crisis line in Spanish: 801-924-0860



## **Rape Recovery Center**

2035 South 1300 East, Salt Lake City Utah, 84105

901-467-7282

Monday-Friday

9am-5pm

50 minute intake appointment with a trained advocate to create a healing plan

Accompaniment to a forensic exam

Assistance with applying for Crime Victims reparations

Case Management

Individual and group therapy



## Little Lambs Foundation for Kids

1125 W 400 N Suite 200, Logan, UT 84321

435-764-4439

### Comfort Kits

Eligibility: Children entering foster care from newborn babies to age 17

Contains: A new backpack or diaper bag, plush animal, book, hygiene items, socks,

How to access: Available to every Division of Child and Family Service offices as requested

### Diaper Bank

Eligibility: Children up to the age of 3

Contains: Diapers, and essential necessities.

How to access:

- o 1) Must live 45 miles from Logan location
- o 2) Must meet the Little Lambs Income Guidelines **(Picture attached to the right)**
- o 3) Foster Parents must bring ID and foster child's paperwork. Low income families must bring ID and proof of income (WIC or snap card accepted) and birth certificates for each child receiving diapers.
- o 4) For other circumstances such as job loss or other emergencies contact 435-764-4439 for more information.
- o 5) Fill out the Application **(Use QR code)**
- o 6) You will be notified when your application has been approved

### Eligibility Requirements

#### WIC Income Guidelines

Your household's gross income must be at or below the amounts shown, based upon the size of your household.

Effective July 1, 2023 to June 30, 2024

Household Size*	Annual*	Monthly*	Twice Monthly*	Bi-Weekly*	Weekly*
1	\$26,973	\$2,248	\$1,124	\$1,038	\$519
2	\$36,482	\$3,041	\$1,521	\$1,404	\$702
3	\$45,991	\$3,833	\$1,917	\$1,769	\$885
4	\$55,500	\$4,625	\$2,313	\$2,135	\$1,068
5	\$65,009	\$5,418	\$2,709	\$2,501	\$1,251
6	\$74,518	\$6,210	\$3,105	\$2,867	\$1,434
7	\$84,027	\$7,003	\$3,502	\$3,232	\$1,616
8	\$93,536	\$7,795	\$3,898	\$3,598	\$1,799
<b>Each Additional Family Member</b>	\$9,509	\$793	\$397	\$366	\$183

\*Pregnant women count as 2 (mom and unborn child) when calculating household size.



Diaper Bank Application

## WIC (Nutrition program)

- Provides: Nutrition counseling, healthy food, prenatal, healthy food, breastfeeding support, health assessment
- Eligibility: If your family qualifies for free or reduced cost lunch, you are pregnant or have children younger than age 5, you may qualify for WIC. The income guidelines are to the right.

WIC Application



Effective July 1, 2024 to June 30, 2025

Household Size	Annual	Monthly
1	27,861	2,322
2	37,814	3,152
3	47,767	3,981
4	57,720	4,810
5	67,673	5,640
6	77,626	6,469
7	87,579	7,299
8	97,532	8,128
9	107,485	8,958
10	117,438	9,787
11	127,391	10,616
12	137,344	11,446
13	147,297	12,275
14	157,250	13,105
15	167,203	13,934
16	177,156	14,763
Each Additional Family Member Add	+ 9,953	+ 830

\*\*\*Pregnant women count as 2 (mom and unborn child) when calculating household size.

## The Neighborhood House

1050 W 500 S, Salt Lake City, UT 84104

801-363-4589

- Services for Low Income Families (\*Based on each client's ability to pay)
- Must be a client for the resources they offer, enroll online (potentially long waitlists)
- Hours:
  - Children's Development Center
    - Monday-Friday: 6:30am-5:30pm
  - Adult Care Center
    - Monday-Friday: 7am-5pm
  - Family Support Center Food Pantry
    - Monday-Friday: 6:30am-5:30pm
- Provides:
  - Adult Day Services
    - Sensory Room
    - Daily Activities
    - Garden, Therapy
    - Social engagement
  - Family Support Center
    - Community Resources
  - Children's Development Center
    - Children's Center
    - Day Care, Classrooms
    - Toddler, Preschool Programs
    - School Age Programs
    - Safe, Outdoor Play Spaces
    - Summer Programming



NH Website

## **University of Utah School of Dentistry**

530 Wakara Way, Salt Lake City, Utah 84112

801-587-6453

\*Accepts Medicaid



## **University Hospital Dental**

50 N. Medical Drive, Clinic #7, Salt Lake City, Utah 84112

801-587-6453

\*Accepts Medicaid

## **Salt Lake Donated Dental**

1383 S 900 W, Suite 128, Salt Lake City, Utah

801-972-2747

\*Discounted Services (Does NOT accept Medicaid)



## **Stephen D. Radcliff Clinic**

1365 W 1000 N, Salt Lake City, UT 84116

801-328-5756

\*Emergency Only, 7:30am Waitlist, Accepts Medicaid



## **Medicaid Find A Dentist Websites**

**MCNA UT Plan** - [mcnaut.net](http://mcnaut.net)



**Premier Life UT Plan** - [premierlife.com/utmedicaid](http://premierlife.com/utmedicaid)



### **Street Dawgs**

1365 Teakwood Drive, Taylorsville, Utah 84123

info@streetdawgcrew.org

Provides: Free/Low-cost pet food, supplies and other resources

Vaccination Clinics

SLC Programs, free supplies

Every other Sunday 12pm-1pm

Pioneer Park (North) 350 S 300 W, Salt Lake City, Utah, 84101



### **Ruff Haven**

370 S 400 W, Salt Lake City, Utah 84115

801-251-6765 (Text)

801-613-2198 (Pet Pantry)

Provides:

Temporary Shelter for Pets

Pet Food Pantry

Low Cost Pet Services

Free Pet Sheltering Program

Pets must be spayed/neutered



### **Humane Society of Utah**

4242 S 300 W, Murray, UT 84107

801-261-2919

Monday-Friday: 9am-11:45am, 1pm-5:45pm

Saturday: 9am-11:45am, 1pm-3:45pm

Provides: Pet resources and supplies, vaccine clinics,



## **Utah Harm Reduction Coalition**

385-323-2217: Call for exact location and information updates

## **Syringe Exchange Program:**

- HIV, Hepatitis C testing and counseling
- Safe Injection and disease transmission prevention education
- Service plans, referrals
- Access to new syringes, safe disposal of old ones
- Safe Sex Supplies
- Safe Injection Supplies
- Overdose Prevention
- Naloxone Access

## **Schedule**

Monday: In office exchange, 10:30am-5:30pm, Appt Only

Tuesday: Tooele Outreach, 2pm-6pm

Wednesday: Mobile Exchange, 12pm-3pm;

4th Street Clinic, 3pm-5pm

409 W 400 S, Salt Lake City, UT 84101

Thursday: Mobile Outreach, 12pm-5pm

Friday: Ogden (Safe Haven), 1:30-4:30, 237 26th Street

Saturday: SLC Mobile Exchange, 11am-4pm

## **Social Security Office**

2511 S West Temple St, South Salt Lake, Utah 84115

866-851-5275

Mon, Tues, Thurs, Fri: 9am-4pm

Wednesday 9am-12pm

## **DWS Food Stamps, Medicaid**

Eligibility Call Center - 801-526-0950, Option 3

Eligibility Toll Free: 866-435-7414

## **General Assistance**

GA Toll-Free Line: 877-924-9002

## **Unemployment Insurance**

Call Center: 801-526-0950, Option 2

Online: <https://jobs.utah.gov/ui/home>

## **My Case Online Access**

Online: <https://jobs.utah.gov/mycase/>

## **Office Locations**

Metro Office: 720 S 200 E, Salt Lake City, UT 84111

- Available Phone/Internet Resources

Taylorsville Office: 5735 S Redwood Rd, Taylorsville, UT 84123

Woods Cross Office: 763 W 700 S, Woods Cross, UT 84087

## **Internet and Phone Resources**

### **DWS Metro Office:**

720 S 200 E, Salt Lake City, UT 84111

Available Phone/Internet Resources

### **Salt Lake City Public Library**

210 E 400 S Salt Lake City, UT 84111

801-524-8200

